

Elthorne Park High School Week 3

| 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|--|---|--|--|--|
| Break Time | Cheese slice £1.45 Steak slice £1.80 Sausage rolls £1.50 Vegan roll £1.50 Pizza slice £1.50 ½ Panini £1.30 | Cheese slice £1.45 Steak slice £1.80 Sausage rolls £1.50 Vegan roll £1.50 Pizza slice £1.50 ½ Panini £1.30 | Cheese slice £1.45 Steak slice £1.80 Sausage rolls £1.50 Vegan roll £1.50 Pizza slice £1.50 ½ Panini £1.30 | Cheese slice £1.45 Steak slice £1.80 Sausage rolls £1.50 Vegan roll £1.50 Pizza slice £1.50 ½ Panini £1.30 | Cheese slice £1.45 Steak slice £1.80 Sausage rolls £1.50 Vegan roll £1.50 Pizza slice £1.50 ½ Panini £1.30 |
| Main Courses £2.40 | Halal beef bolognaise pasta bake with broccoli | Halal Bang Bang chicken wrap | Halal cottage pie with seasonal vegetables | Halal chicken tikka with braised rice | Fishcake, chips and beans |
| | Loaded Chip Pulled pork cornchips | Joe de Frango Crispy lemon & herb chicken in a warm tortilla | Mumbai Kitchen Tandoori chicken thighs with salad | Joe de Frango Piri piri chicken in a flatbread | Joe de Frango BBQ chicken drumettes with fries (H) |
| | Quorn, broccoli & tomato pasta bake with broccoli | Quinoa burger in a bun with salad, sauce and wedges | Vegan vegetable cassoulet with mash and vegetables | Tikka halloumi naan wrap | Veggie nuggets, chips and beans |
| | Add cold dessert or daily bake | Add cold dessert or daily bake | Add cold dessert or daily bake | Add cold dessert or daily bake | Add cold dessert or daily bake |
| Pasta Bar £2.00 | Penne pasta with chef's tomato sauce with cheese topping | Penne pasta with chef's tomato sauce with cheese topping | Penne pasta with chef's tomato sauce with cheese topping | Penne pasta with chef's tomato sauce with cheese topping | Penne pasta with chef's tomato sauce with cheese topping |
| Extras/sides | Baked potato with choice of toppings £1.65 Selection of sandwiches, wraps, baguettes and paninis from £1.00-£2.00 Protein pots £1.00 Mixed salad bar £1.70 Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65 Selection of sandwiches, wraps, baguettes and paninis from £1.00- £2.00 Protein pots £1.00 Mixed salad bar £1.70 Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65 Selection of sandwiches, wraps, baguettes and paninis from £1.00-£2.00 Protein pots £1.00 Mixed salad bar £1.70 Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65 Selection of sandwiches, wraps, baguettes and paninis from £1.00-£2.00 Protein pots £1.00 Mixed salad bar £1.70 Daily selection of cookies, desserts from 75p | Baked potato with choice of toppings £1.65 Selection of sandwiches, wraps, baguettes and paninis from £1.00 - £2.00 Protein pots £1.00 Mixed salad bar £1.70 Daily selection of cookies, desserts from 75p |





