

# Contact Ealing Walk & Talk

## 05 May 2022

### Brent Valley Park



Join us for our Contact Ealing Walk and Talk on  
Thursday 5<sup>th</sup> May 2022  
Time: 10.30am meeting time  
Meeting point: in front of St Mary's Church, at the end  
of Church Road

Our Contact staff and volunteers will be on hand for advice and for an informal chat.

Our volunteer Clinical Psychologist  
Kathryn Rocha will also be there for  
informal advice.

Join us on our walk around this lovely  
small park in Hanwell and enjoy the fresh  
air while meeting other parents and  
carers.

We will enjoy a coffee / hot drink together  
at the end.



To register, please click here:  
<https://forms.office.com/r/5jkbbTnEQs>