

## PSHCE at Elthorne Park High School

- The curriculum allocation is 1 hour per week for Key Stages 3 & 4 and 1 hour per fortnight for Key Stage 5.
- Key Stage 3 work on a 4 unit rotation and will be taught by 4 different teachers across the year.
- Key Stages 4 & 5 remain with one teacher throughout the year
- PSHCE work is completed to a high standard in exercise books. These books are marked by the class teacher and quality assured by the Year Leader and PSHCE Lead.
- RSE is now a statutory requirement in all schools. Please see the RSE policy for further details about compulsory topics and the right to withdraw.
- Resources are developed by the PSHCE teachers and ratified by the PSHCE lead and SLT. Any guest facilitators are usually recommended by the Borough and organisations such as the PSHE Association, The Literacy Trust, Brook Charity and more are used in conjunction with our own specialists.

### Overview of Topics KS3 - 5

Year Group	Unit 1	Unit 2	Unit 3	Unit 4
7	<b><i>Celebrating Diversity</i></b> Identity, cultural values, government structure	<b><i>RSE</i></b> Friendships, sex & gender, bullying, puberty	<b><i>Staying Safe</i></b> E-safety, community risks, intro to dangerous substances	<b><i>Career Pilot</i></b> Employability, linking subjects to career choices, communication skills
8	<b><i>Health &amp; Safety</i></b> Basic First Aid, sun safety, immunisations, road safety, nutrition	<b><i>RSE</i></b> LGBTQ+, contraception, changing friendships, consent & personal space	<b><i>Positive Wellbeing</i></b> Mental health risks, body image, media impact on self esteem	<b><i>Ethical Consumerism</i></b> Global development , sustainability, fair trade, local responses
9	<b><i>Addiction and Substances</i></b> Grooming, links between gangs and addiction, physical effects of addiction and substance misuse	<b><i>RSE</i></b> Diversity in family relationships, domestic abuse, consent, reasons for having intercourse.	<b><i>Current Affairs</i></b> Topical discussion lessons linked to PSHCE themes.	<b><i>Positive Life Skills</i></b> Academic skills including referencing and note taking, career pilot, intro to personal finance
10	<b><i>Human Rights, Diversity &amp; Discrimination</i></b> The Equality Act, types of discrimination, consequences of discrimination, global issues	<b><i>RSE</i></b> Pregnancy and options, STDS, sexual harassment, local responses to sexual safety	<b><i>Staying Safe</i></b> County Lines, gang culture, your position in the world, crime and punishment	<b><i>Leadership &amp; Responsibility</i></b> Prefect Programme, intro to Post 16 choices, study skills
11	<b><i>Post 16 Options</i></b> Pathways, entry requirements, careers information, local choices	<b><i>Personal Finance</i></b> Debt, savings, employment rights, managing money	<b><i>RSE &amp; Future Security</i></b> Personal branding, lifestyle risks (drugs, driving, alcohol, sex) online personas, leaving school considerations	
12	<b><i>6<sup>th</sup> Form follow a series of topical / targeted lessons across the two years. Themes include:</i></b> Toxic masculinity, equality in the UK, cancer screening and treatment, medical ethics and blood donation, personal finance, substance misuse and addiction, feminism, subcultures, county lines, cultural appropriation			<b><i>Future Pathways</i></b> Introduction to UCAS, writing personal statements and CVs
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