Long Torm Planning Overview Key Stage 3 Subject Area: DE Academic Vear: 2022-23			
Long Term Planning Overview Rey Stage 5 Subject Area. PL Academic Tear. 2022-25		Subject Area: PE	Academic Vear: 2022-23

Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 7	Study Modules	Invasion Games Football Rugby Netball Basketball Aesthetic Sports Dance Gymnastics HRF	Invasion Games Football Rugby Netball Basketball Aesthetic Sports Dance Gymnastics HRF	Invasion Games Football Rugby Netball Basketball Aesthetic Sports Dance Gymnastics HRF	Invasion Games Football Rugby Netball Basketball Aesthetic Sports Dance Gymnastics HRF	Athletics Running/Jumping Throwing Aesthetic Sports Dance Gymnastics	Athletics Running/Jumping/ Throwing Striking & Fielding Cricket/Rounders
	Assessment	End of unit	End of unit	End of unit	End of unit	End of unit	End of unit

Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
		Invasion Games Football Rugby Netball Basketball	Invasion Games Football Rugby Netball Basketball	Invasion Games Football Rugby Netball Basketball	Outdoor Adventurous Activities Team building Orienteering	Outdoor Adventurous Activities Team building Orienteering	Athletics Running/Jumping/ Throwing
Year 8	Study Modules	Aesthetic Sports Gymnastics	Aesthetic Sports Gymnastics	Aesthetic Sports Dance Gymnastics	Aesthetic Sports Gymnastics	Athletics Running/Jumping/ Throwing	Striking & Fielding Cricket/Rounders
		HRF	HRF	HRF	HRF		
	Assessment	End of unit	End of unit	End of unit	End of unit	End of unit	End of unit

Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 9	Study Modules	Invasion Games Football Handball Netball Hockey Net Games Badminton HRF	Invasion Games Football Handball Netball Hockey Net Games Badminton HRF	Invasion Games Football Handball Netball Hockey Net Games Badminton HRF	Invasion Games Football Handball Netball Hockey Net Games Badminton HRF	Athletics Running/Jumping/ Throwing Striking & Fielding Cricket/Rounders	Athletics Running/Jumping/ Throwing Striking & Fielding Cricket/Rounders
	Assessment	End of unit					

Long Term Planning Overview		ew Ke	y Stage 4	Subject Area: I	PE	Academic Year: 2022-23		
Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Te	rm 2	Summer Term 1	Summer Term 2

		Invasion Games Football Handball Netball Hockey	Athletics Running/Jumping/ Throwing	Athletics Running/Jumping/ Throwing			
Year 10	Study Modules	Outdoor Adventurous Activities Team building Orienteering	Striking & Fielding Cricket/Rounders	Striking & Fielding Cricket/Rounders			
		Net Games Badminton	Net Games Badminton	Net Games Badminton	Net Games Badminton		
	Assessment	HRF End of unit	HRF End of unit	HRF End of unit	HRF End of unit	End of unit	End of unit

Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
		Invasion Games	Invasion Games	Invasion Games	Invasion Games	Athletics	Athletics
		Football	Football	Football	Football	Running/Jumping/	Running/Jumping/
		Handball	Handball	Handball	Handball	Throwing	Throwing
		Netball	Netball	Netball	Netball		
		Basketball	Basketball	Basketball	Basketball		
Year 11	Study Modules	Net Games	Net Games	Net Games	Net Games		
		Badminton	Badminton	Badminton	Badminton	Striking & Fielding	Striking & Fielding
						Cricket/Rounders	Cricket/Rounders
		HRF	HRF	HRF	HRF		
	Assessment	End of unit	End of unit				

Long Te	Long Term Planning Overview		ey Stage 4	Subject Area: B	TEC L2 Sport	Academic Ye	ear: 2022-23			
Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2			
Year 10	Study Modules	Fitness for Sport and Exercise	Fitness for Sport and Exercise	Fitness for Sport and Exercise	Practical Sports Performance	Practical Sports Performance	Revision			
	Assessment	Ext/Exam	Ext/Exam	Int/Assignment	Int/Assignment	Int/Assignment	Ext/Exam			
Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2			
Year 11	Study Modules	Training for personal fitness	Training for personal fitness	Training for personal fitness	The sports performer in Action	The sports performer in Action	Revision			
	Assessment	Int/Assignment	Int/Assignment	Int/Assignment	Int/Assignment	Int/Assignment	Ext/Exam			
							_			
Long Term Planning Overview		ew Ke	ey Stage 4	Subject Area: BTE	C L2 Tech Sport	Academic Ye	ear: 2022-23			

	September - January	February - April	May - July					
ear 10	Component 1: Preparing participants to take part in sport and physical activity	Component 1: Summative Assessment and internal marking	Component 2: Taking part and improving other participants' sporting performance					
	Component 3: Developing fitness to improve other participants' performance in sport and physical activity							

Va		September	October - December	December - January	January	February - May	Мау
11	Year 11	Component 2: Refresher	Component 2: Summative Assessment and internal marking	Component 3: Delivery and revision	Component 3 External Assessment	Revision for any necessary re-sit of Component 3	Re-sit of Component 3 External Assessment

Long Term Planning Overview	Key Stage 4	Subject Area: GCSE PE	Academic Year: 2022-23

Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 10	Study Modules	Health, Fitness and Well-being (Paper 2: Health and Performance)	Health, Fitness and Well-being (Paper 2: Health and Performance)	Applied Anatomy and Physiology (Paper 1: Fitness and Body Systems	Applied Anatomy and Physiology (Paper 1: Fitness and Body Systems	Movement Analysis (Paper 1: Fitness and Body Systems)	Sport Psychology (Paper 2: Health and Performance) PEP
	Assessment	End of Topic	End of Topic	End of Topic	End of Topic	End of Topic	End of Topic

Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 11	Study Modules	Health, Fitness and Well-being (Paper 2: Health and Performance)	Health, Fitness and Well-being (Paper 2: Health and Performance)	Socio-cultural Influences (Paper 2: Health and Performance) PEP	Socio-cultural Influences (Paper 2: Health and Performance)	Revision	Revision
	Assessment	End of Topic	End of Topic	End of Topic	End of Topic	End of Topic	External exams

	Long Term Planning Overview	Key Stage 5	Subject Area: BTEC L3 Sport	Academic Year: 2022-23
--	-----------------------------	-------------	-----------------------------	------------------------

Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 12	Study Modules	Anatomy & Physiology	Fitness Training & Programming Health, sport & Well-being	Professional Development in the Sports Industry	Sports Leadership	Coaching for Performance	Research Methods in Sport
	Assessment	Internal/External	Internal/External	Internal/External	Internal/External	Internal/External	Internal/External

Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 13	Study Modules	Application of Fitness Testing	Sports Psychology Development and Provision of Sport and Physical Activity	Skill Acquisition in Sport	Rules Regulations and Officiating in Sport	Technical and Tactical Demands of Sport	Investigating Business in Sport and the Active Leisure Industry
	Assessment	Internal/External	Internal/External	Internal/External	Internal/External	Internal/External	Internal/External

Long Term Planning Overview	Key Stage 5	Subject Area: A Level PE	Academic Year: 2022-23

Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
	Study Modules	Applied anatomy and physiology	 Applied anatomy and physiology Exercise physiology Applied movement analysis 	Applied movement analysis	Sports psychology Exercise physiology	Sports psychology	Sports psychology
Year 12		Skills acquisition	Sport and society, Skills acquisition	Sport and society	Sport and society	Skills performed as a player/performer or coach	Performance analysis
	Assessment	End of Topic	End of Topic	End of Topic	End of Topic	End of Topic	End of Topic

Year	Study Modules	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
	Study Modules	Applied anatomy and physiology	Exercise physiology	Sport Psychology	Revision	Revision	
Year 13		Sport and society, Skills acquisition	Performance analysis Personal Development Programme (PDP)	Performance analysis Personal Development Programme (PDP)	Revision	Revision	
	Assessment	End of Topic	End of Topic	End of Topic	End of Topic	End of Topic	External Exams