BTEC Tech Award in Sport

Component 1:

Preparing Participants to Take Part in

Sport and Physical Activity



Exam Based



Year 10

Component 1: Preparing Participants to Take Part in Sport and **Physical Activity**

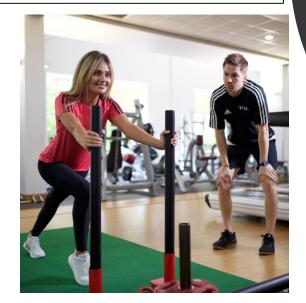
This Component is made up of 3 set tasks to be completed under timed conditions.

This Component covers the following knowledge:

A: Explore types and provision of sport and physical activity for different types of participant

B: Examine equipment and technology required for participants to use when taking part in sport and physical activity

C: Be able to prepare participants to take part in sport and physical activity





Component 2: ГЪ Taking Part and Improving Other **Participants Sporting Performance**

Year 11



Component 3:

Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity

Component 3:

Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity - Exam





Workplace

Component 2: **Taking Part and Improving Other Participants**

Sporting Performance

This Component is made up of 4 set tasks to be completed under timed conditions.

This Component covers the following knowledge:

A: Understand how different components of fitness are used in different physical activities

B: Be able to participate in sport and understand the roles and responsibilities of officials

C: Demonstrate ways to improve participants sporting techniques

