

## PSHCE at Elthorne Park High School

- The curriculum allocation is 1 hour per week.
- Key Stage 3 work on a 4 unit rotation and will be taught by 4 different teachers across the year.
- Key Stages 4 & 5 remain with one teacher throughout the year
- PSHCE work is completed to a high standard in exercise books. These books are marked by the class teacher at the end of each unit and quality assured by the Year Leader and PSHCE Lead.
- RSE is a statutory requirement in all schools. Please see the RSE policy for further details about compulsory topics and the right to withdraw.
- Resources are developed by the PSHCE teachers and ratified by the PSHCE lead and SLT. Any guest facilitators are usually recommended by the Borough and organisations such as the PSHE Association, The Literacy Trust, Brook Charity and more are used in conjunction with our own specialists.

### Overview of Topics KS3 - 5

Year Group	Unit 1	Unit 2	Unit 3	Unit 4
7	<b><i>Understanding Modern Britain</i></b> Identity, cultural values, government structure	<b><i>RSE</i></b> Friendships, positivity, pressure & influence, bullying, puberty	<b><i>Staying Safe</i></b> E-safety, community risks, intro to dangerous substances	<b><i>Unifrog</i></b> Employability, linking subjects to career choices, communication skills
8	<b><i>Health &amp; Prevention</i></b> Basic First Aid, sun safety, immunisations, sleep hygiene, nutrition	<b><i>RSE</i></b> Dealing with conflict, sexual orientation, assertive consent, FGM	<b><i>Wellbeing &amp; Risk Factors</i></b> Mental health risks, body image, self esteem, county lines, grooming	<b><i>Sustainable Futures</i></b> Labour Market Information, green careers, global risks
9	<b><i>Mind &amp; Body</i></b> Happiness, resilience, self esteem, media influences, dealing with grief and loss, eating disorders,	<b><i>RSE</i></b> Sexual consent & the law, relationships & partners, STIs, contraception, stereotypes in relationships	<b><i>Understanding Society</i></b> Critical thinking, divisive language, Me Too / Times Up, homophobic bullying, cost of living	<b><i>Criminal Behaviours</i></b> Law making in the UK, substance misuse, extremism, radicalisation, Anti-Semitism
10	<b><i>Rights &amp; Responsibilities</i></b> Human Rights, disability discrimination, marriage rights, online safety, targeted advertising	<b><i>Employability &amp; Your Future</i></b> LMI, Employability skills, intro to Post 16 pathways, personal branding	<b><i>RSE</i></b> Anatomy, consent & HSB, domestic abuse & violence, sexualisation in the media, pornography	<b><i>Staying Safe</i></b> Emotional wellbeing, self harm, depression & consequences, honour based violence, child abuse
11	<b><i>Post 16 Options</i></b> Pathways, entry requirements, careers information, local choices	<b><i>Personal Finance</i></b> Debt, savings, employment rights, managing money	<b><i>RSE &amp; Future Security</i></b> Personal branding, lifestyle risks (drugs, driving, alcohol, sex) online personas, leaving school considerations	
12	<b><i>6<sup>th</sup> Form follow a series of topical / targeted lessons across the two years. Themes include:</i></b> Toxic masculinity, equality in the UK, cancer screening and treatment, medical ethics and blood donation, personal finance, substance misuse and addiction, feminism, subcultures, county lines, cultural appropriation, healthy relationships, sexual health			<b><i>Future Pathways</i></b> Introduction to UCAS, writing personal statements and CVs
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