



# ELTHORNE PARK

## HIGH SCHOOL

ACHIEVING EXCELLENCE IN A LEARNING COMMUNITY



### Message from the Headteacher

This week we have enjoyed hearing about our Year 12 German students' amazing experiences with their exchange partners in Stuttgart. It has been fascinating to hear their reflections on going to school in Germany. I am very grateful to Ms Reed and Ms Curtis for all their work organising the 5-day trip and we look forward to welcoming the German students to Elthorne when they come over in December.



It's been a busy week here in school with MFL and art exams taking place. Good luck as always to all our students taking public examinations. Please take a moment to read Ms Reeves' notice about our mobile phones parent consultation; we look forward to receiving your responses.

With all good wishes,  
**Mr Wong, Headteacher**

### GCSE MFL Speaking Exams

The main GCSE language as well as the heritage language speaking tests will take place between **29<sup>th</sup> April and 8<sup>th</sup> May**. Exact dates and times are available for students and parents to view on [our Parent/Student portal](#). The curriculum language pupils (French, German and Spanish) should continue to prepare for the 'general conversation' element of the test by completing and revision the answers to the typical questions on the google doc that they have been working on since Yr10.

**Ms Kahan, Faculty Leader - Languages**

### Mobile Phones in Schools - Parent Consultation

In February the Government announced guidance for [schools to ban mobile phones](#). Over the last year we have had a number of behavioural concerns that have linked to the use of social media. As we move to September the Senior Leadership Team are reviewing school policies for the next academic year. We welcome your viewpoints on mobiles in the school setting. Please [complete the parent consultation form](#) by Wednesday 15<sup>th</sup> May

**Ms Reeves, Deputy Headteacher**

### EduLink - Our Student & Parent App

We have produced [a parent guide](#) to help you navigate the different aspects of the portal. On page 8 you will find a step by step guide on how to update your contact information. You can download the app by clicking on one of the icons to the left or access the portal via the web. Over 1,000 parents have already logged on - please email [edulink@ephs.ealing.sch.uk](mailto:edulink@ephs.ealing.sch.uk) to get your own login details so that you can have an informed overview of your child's school life. Individual timetables for the Summer 2024 exam series are also now available and will reflect any changes that are made. Year 9 Parents can also now see the Yr9 Summer/1 Progress reports in the app.

**Mr Ryan, School Operations Manager**



### Inside this issue

- [Message from the Headteacher](#)
- [GCSE MFL Speaking Examinations](#)
- [Mobile Phones in School](#)
- [Student Travel News](#)
- [Parent App/Portal](#)
- [Behaviour update](#)
- [Mental Health Week](#)
- [Student Travel News](#)
- [Author Visit](#)
- [Summer Extra-curricular Timetable](#)
- [News from Key Stage 3](#)
- [Attendance Reminders](#)
- [Ealing workshops for parents/carers](#)

### Dates For the Diary

**Monday 6<sup>th</sup> May 2024**  
*Bank Holiday*

**W/B Tuesday 7<sup>th</sup> May 2024**  
*Yr11 MFL Speaking Exams*  
*Yr13 Art & Graphics Exams*

**Thursday 9<sup>th</sup> May**  
*GCSE Public examinations commence*

**Wednesday 15<sup>th</sup> May**  
*GCE Public examinations commence*

**Monday 27<sup>th</sup> May**  
*Summer Half Term*

**Monday 3<sup>rd</sup> June**  
*School resumes @ 8:40am*



**Mental Health Week 13<sup>th</sup> - 17<sup>th</sup> May 2024**

Every year Elthorne Park High School takes part in Mental Health Week. This year the focus is **Movement ‘moving for our mental health’**. During Personal Development Sessions students will be informed about different strategies they can use to manage their mental health as well as services they can access when they feel they are no longer able to manage this alone. Working alongside our TFL Pioneers, Mr Sykes will be leading assemblies to remind our students ways in which they can becoming more active. Our TFL Pioneers will also be launching an active week competition. For further information on how we support well- being at Elthorne Park High School please refer to our website <https://www.ephs.ealing.sch.uk/wellbeing>

**Student Travel News**

The TFL student pioneers are looking to encourage more active ways of travelling during the summer term and are looking to reward students who change to a more active mode of travel. Next week’s challenge is to ‘park and stride’ and is aimed at reducing students reliance on the car. If you currently drive your child to school, we would like parents to support by asking that you drop off your child in between the 10-20 minute section to give them a 10 minute walk to school. Or arrange to collect your child in a designated space 10 minutes away from the school gate.



This will have three major impacts:

- 1. Improve the air quality around our school gates with a reduction in car fumes
- 2. Improve the safety for students coming and leaving school with fewer cars.
- 3. Improve students mental and physical health with a 10 minute walk to school

All students who are able to demonstrate they have changed their habits (photos, screen shots of walking statistics, testaments, the more creative the better) will be entered into a prize draw to win an insulated Ocean bottle. Please [submit your evidence](#) to be in with a chance of winning!

Thank you for your support,  
**The TFL Pioneers and Mr Sykes**

**Author Visit – Josh Silver – Thursday 23<sup>rd</sup> May**

We are excited to welcome back best-selling author Josh Silver to EPHS on 23<sup>rd</sup> May to talk about his highly anticipated sequel to HappyHead, Dead Happy and to deliver two creative-writing skills workshops with Year 10 students. Student of all years can attend the book signing at lunchtimes. You can pre-order copies of both books on ParentPay now for the special price of £7.99 each. Books will also be on sale on the day for £8.99. Recommended for 12 years and above.

**Ms Martino, Senior Librarian**



**Summer Extracurricular Timetable**

We have updated a handful of extracurricular clubs on Evolve to reflect the change to our summer activities in the PE department. Football and netball clubs run by the PE team will no longer take place this term, having been replaced by athletics, cricket and rounders. Paid clubs such as Brentford FC football and SUPA basketball will continue as normal, with parents able to sign their child up for this term on ParentPay. All clubs will now run until 28<sup>th</sup> June, with no after school clubs taking place in July due to the number of events and activities taking place in the last few weeks of the school year.

**Mr Simmonds, Associate Senior Leader**

**Student Academic Year  
2023 - 2024**

**Summer Term 2024**

**Summer/ 1**  
Monday 15<sup>th</sup> April - Friday 24<sup>th</sup> May

**Half-Term**  
Monday 27<sup>th</sup> May - Friday 31<sup>st</sup> May

**Summer / 2**  
Monday 3<sup>rd</sup> June - Wednesday 24<sup>th</sup> July

**Summer Holiday**  
Thursday 25<sup>th</sup> July onwards

**Student Academic Year  
2024 - 2025**

**Autumn Term 2024**

**Autumn/1**  
Monday 2<sup>nd</sup> September - Wednesday 23<sup>rd</sup> October

**Half-Term**  
Thursday 24<sup>th</sup> October - Friday 1<sup>st</sup> November

**Autumn/2**  
Monday 4<sup>th</sup> November - Friday 20<sup>th</sup> December

**Christmas Holiday**  
Monday 23<sup>rd</sup> December - Friday 3<sup>rd</sup> January

**Spring Term 2025**

**Spring/1**  
Monday 6<sup>th</sup> January - Friday 14<sup>th</sup> February

**Half-Term**  
Monday 17<sup>th</sup> February - Friday 21<sup>st</sup> February

**Spring/2**  
Monday 24<sup>th</sup> February - Friday 4<sup>th</sup> April

**Easter Holiday**  
Monday 7<sup>th</sup> April - Monday 21<sup>st</sup> April

**Thought of the Week**

**“To keep the body in good health is a duty, otherwise we shall not be able to keep the mind strong and clear.”**  
(Buddha)

**News from Key Stage 3:****Year 7**

The Year 7 table tennis tournament is in full swing with first round matches taking place this week. Students are battling it out for a place in the final to be held in the main hall in front of the year group at the end of this half term. This half-term's inter-form event is our very own version of the Great British Bake Off. Students will work together in form groups to come up with one savoury and one sweet picnic item and a theme around which to base their picnic spread. Each form group will nominate chefs to bring the creations to life ready for our special guest judges.

Unfortunately we have a rising number of late detentions. A quick reminder that if your child arrives late on schoolsite or late to Tutor Time they will have to sit a same day lunch time detention. This detention will escalate if they fail attend. On a more positive note we now have 188 children who achieved a bronze award for their excellent conduct and platinum award winners. Well done to all those who have joined or smashed the 100 positive mark !!

**Mr Bardsley and the Year 7 Team**

**Year 8**

I want to start off by praising certain tutor groups who I have observed to seem to consistently be doing the right thing – 8N, 8O and 8P. As cohorts, they have been excellent this half term!

In general, most students are following our uniform policy. However, we still have a group of students who are challenging our policy, especially when it comes to skirt length, make-up and wearing their trousers below their waistline. Please could you go through the school uniform policy with our students so that they are ready to proudly wear the EPHS uniform as they represent our school and values.

I keep mentioning this last one, but we are counting down the days before the PGL residential! IT is so exciting! Every year group that has been has always remembered this experience positively and we have seen many new friendships be formed and others grow. It is such a great bonding opportunity. You may start to notice that some of your children start to feel a bit nervous about going, but please have a talk to them as I have still not come across one student who has ever regretted joining! They have all loved it. With regards to rooming, we are taking many factors into consideration including friendships and behaviours.

We hope you have a great long weekend!

**Mr Reyes and Year 8 Team**

**Year 9**

Thank you for your attendance to parents evening this week and supporting your child with their academic studies. As parents, I know that time speaking to your child's teachers is always valued and very important. Please do follow up with subject teachers if you have any further questions that were unable to be answered during the evening.

Please ensure your child has made their options before the deadline of the 13<sup>th</sup> May. Remember to use our [KS4 Options 2024](#) website to help guide and inform your choices. All choices are made via an online portal and all the details about this are on the website and on SMHW. I know they are really committed to the next step in their education and many conversations have been taking place during break and lunch times this week.

As the summer weather finally seems to have arrived, a reminder that students should always have a school jumper as a compulsory part of their school uniform, and that students who are out of school uniform risk losing their break and lunch times. The PE department have also asked me to remind you that we have a school PE uniform, that students are required to wear. Thank you for your support.

**Mr Sykes and the Year 9 team**



## Attendance and Punctuality

We wish to work with you and offer help and support, if needed, to help your child attend school. It is vital that all students have excellent attendance at EPHS. Research shows that even a few days of absence can have a negative impact on students' performance. We are committed to working with students and parents/carers to achieve our overall attendance target of 97%. At EPHS we value all students and believe they are entitled to an excellent education. As set out in our attendance policy, we will work with families to identify the reasons for poor attendance and try to resolve any difficulties. Early intervention will be a priority. Every school day counts.

As part of our commitment to ensuring the well-being and safety of all students, we request that parents/guardians submit **medical evidence** for any student absences due to medical appointments or extended periods of absences from school. This evidence helps us maintain accurate records and ensure that we are aware of the well being of our students. Additionally, we would like to emphasise the importance of reporting your child's absence on a daily basis. This can be done [our parent portal](#), by emailing [attendance@ephs.ealing.sch.uk](mailto:attendance@ephs.ealing.sch.uk) or leaving a voicemail on the absence line.

### Attendance last week:

| Year 7                    | Year 8                    | Year 9                      | Year 10                     | Year 11                     | Year 12                   | Year 13                   |
|---------------------------|---------------------------|-----------------------------|-----------------------------|-----------------------------|---------------------------|---------------------------|
| <b>96.1%</b><br>(up 1.7%) | <b>94.7%</b><br>(up 0.1%) | <b>94.2%</b><br>(down 2.2%) | <b>95.2%</b><br>(down 2.0%) | <b>93.2%</b><br>(down 1.3%) | <b>93.6%</b><br>(up 1.7%) | <b>80.4%</b><br>(up 1.0%) |

Students should leave home with plenty of time to get to school on time and are expected to arrive **on school site** by 8:40am each morning, so that they are able to be in their tutor rooms at 8:45am when the registers are taken. On occasion, unavoidable lateness will happen and please inform the attendance team if this is the case. Students arriving late to school without communication from parents/carers that is authorised by the school will result in a same day lunchtime detention and a notification will be sent in all cases of lateness. Punctuality is monitored closely and plays a crucial role in students' achievement. Persistently late students will trigger additional monitoring.

Please note that authorised medical and dental appointments do count as absence on your child's record, although won't result in a late detention if the school has been informed with notice. You can support your child to improve their attendance by organising (where possible) all non-emergency medical/dental appointments outside of school hours. Please also provide supporting medical evidence for all appointments.

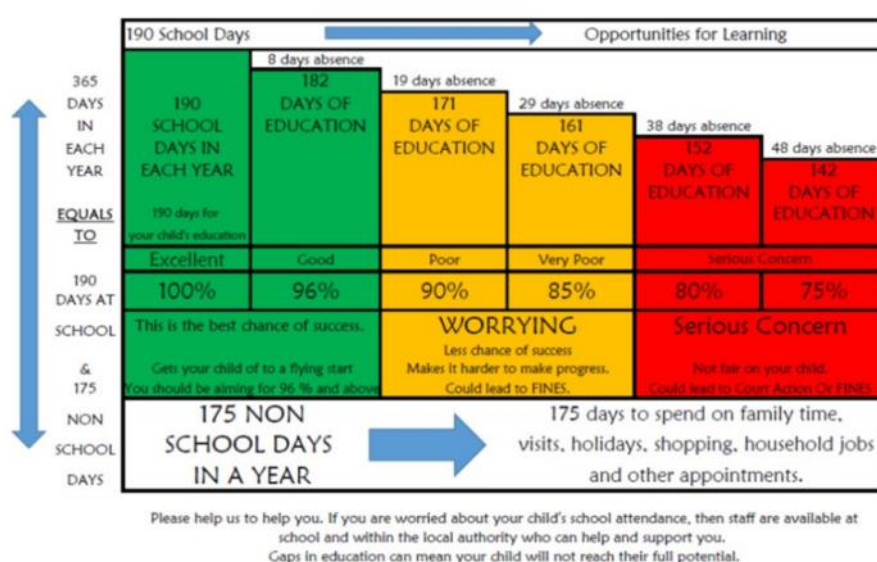
### Lateness reduces learning time

- Arriving 5 minutes late every day adds up to over 3 days lost each year, that's 15 lessons missed
- Arriving 15 minutes late every day adds up to 2 weeks absence a year, that's 50 lessons missed
- Arriving 30 minutes late every day adds up to 19 days absence a year, that's 95 lessons missed

### Request for holidays during term time

Unfortunately we are unable to authorise holidays during term time. We understand that emergency situations may arise and if you wish to request a Leave of Absence due to an exceptional circumstance you should make a request to the Headteacher using the 'Request for leave during term time' form here. The local authority may choose to issue a fine for unauthorised holidays taken during term time.

**Mr Laryea, Assistant Headteacher**



**NHS****West London**  
NHS Trust**Ealing Mental Health Support Team****WORKSHOPS FOR  
PARENTS/CARERS**  
**SUMMER TERM 2024**

Over the summer term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.



<https://forms.gle/X1XdeBmkkWVcNDic6>



If you have any questions, please do email us on:  
[Ealing.mhst@nhs.net](mailto:Ealing.mhst@nhs.net)

**PRE AND POST-ATTENDANCE GUIDE**

**Step 1**  
Use our QR code to sign up for a workshop(s) of your choice

**Step 2**  
You will be emailed a Microsoft Teams link several days before the workshop

**Step 3**  
You'll receive another email reminder on the morning of the workshop

**Step 4**  
All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

**Step 5**  
To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session

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<https://www.ephsealing.sch.uk>

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(020) 8566 1166

**TRANSITIONS**

This workshop is aimed at parents/carers of **Year 6 primary school** students who would like to know about how to support their child in managing the transition to secondary school and will provide strategies to promote wellbeing.

**Date: April 16th 2024**  
**Time: 12:30pm - 2:00pm**

**AN INTRODUCTION TO AUTISM**

This workshop is aimed at parents/carers of children attending **Primary and Secondary**, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.

**Date: April 19th 2024**  
**Time: 11:30am - 1:00pm**

**ADOLESCENT EXAM STRESS**

This workshop supports parents/carers of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

**Date: April 23rd 2024**  
**Time: 1:00pm - 2:30pm**

**TRANSITIONS**

This workshop is aimed at parents/carers of **Year 6 primary school** students who would like to know about how to support their child in managing the transition to secondary school and will provide strategies to promote wellbeing.

**Date: May 9th 2024**  
**Time: 11:00am - 12:30pm**

**ADOLESCENT EXAM STRESS**

This workshop supports parents/carers of **secondary**-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.

**Date: May 21st 2024**  
**Time: 11:00am - 12:00pm**

**UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS**

This workshop is aimed at parents/carers of children attending **Primary and Secondary**. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.

**Date: May 24th 2024**  
**Time: 11:00am - 12:30pm**

**SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE**

This workshop is aimed at parents/carers of children attending **Primary and Secondary** who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.

**Date: June 4th 2024**  
**Time: 11am - 12:15pm**

**AN INTRODUCTION TO AUTISM IN ADOLESCENTS**

This workshop supports parents/carers of **secondary**-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.

**Date: June 14th 2024**  
**Time: 11am - 12:30pm**

**UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS**

This workshop supports parents/carers of **secondary**-aged children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.

**Date: June 18th 2024**  
**Time: 12:00pm - 1:30pm**

**SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN**

This workshop supports parents/carers of **primary**-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.

**Date: July 11th 2024**  
**Time: 1:00pm - 2:15pm**

**TEEN LOW MOOD**

This workshop is aimed at parents/carers of **secondary**-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.

**Date: July 18th 2024**  
**Time: 11am - 12:00pm**

**SUPPORTING FRIENDSHIPS IN CHILDREN**

This workshop is aimed at parents/carers of **primary**-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.

**Date: July 31st 2024**  
**Time: 11am - 12:00pm**



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